Physical Education and Health: Global Perspectives and Best Practice

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Editors

Physical Education and Health: Global Perspectives and Best Practice draws together global scholars, researchers, and practitioners to provide a review and analysis of new directions in physical education and health worldwide. The book provides descriptive information regarding contemporary practices, models, and challenges facing the physical education and health profession globally. This exchange offers a basis to inform and improve current practices throughout the world.

Authors from across the globe have contributed an examination of
• relevant background information including an overview of the country/region being described in the chapter
• a brief history of physical education and health practices in the country
• an analysis of the current state of obesity, fitness, and well-being of children and youth in relationship to physical education and health programs
• a review of the current practices/standards associated with the provision of health and physical education programs in the country/region describes
• a description of unique curricular models and community programs linked to the school setting
• contemporary as well as future strategies such as the use of technology, teacher-student learning engagement, the structure of classrooms, the integration of physical education and health in the community and other important concepts
• concluding comments that will summarize lessons learned

Contributed by 109 Scholar from 67 universities, institutions, and schools from 40 countries, 80 national and international endorsements

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